

# Looking for service hours?

# Check out these Service Opportunities

#### **VOLUNTEER TO READ**

"Volunteer to work one-on-one or with small groups of elementary school children" by helping them develop their reading skills. <u>Click on this link to learn more about this opportunity</u>.

"Make reading easier for people with barriers such as dyslexia, learning disabilities, visual impairments, and physical disabilities" by volunteering at Bookshare.

Click on this link to learn more about this opportunity.

# **CREATING MASKS**

If you have a sewing machine at home or just needles and threads, you can create masks for your local first responders, people who are working at grocery stores, local hospitals etc., in order to provide an extra layer of protection for them. Please check with your local hospitals first if you please on making them masks—they have procedures in place. Use the link below for guidelines on how to make said masks. Use the #pwcares, #provisowest, take a screenshot of your post and email it to your counselor. https://www.goodhousekeeping.com/health/a31902442/how-to-make-medical-face-masks/

## **FOOD PANTRY VOLUNTEER**

For those of you who do not have a compromised immune system, you can still volunteer at a local food pantry. If you do have someone with a compromised immune system at home, please do not take the risk. Please click on the link below for more information on what the restrictions are:

http://www.westchesterfoodpantry.org/

https://www.gobeyondhunger.org/volunteer

#### **BIG BROTHER or BIG SISTER**

Volunteer to become a Big Brother or Big Sister through the Big Brothers Big Sisters of Metropolitan Chicago. Click on this link to learn more about this opportunity.

Click on this link to learn more about this opportunity.

# **UNITED NATIONS VOLUNTEER**

Want to be a change maker? Why not volunteer for the United Nation? Click on this link to learn more about this opportunity.

#### SMITHSONIAN DIGITAL VOLUNTEER

Digital Volunteers needed at the Smithsonian.

Click on this link to learn more about this opportunity.

# DO YOU LIKE TO COLOR?

Volunteer to Color. "Color A Smile is a great volunteer project to do from home. Take the time to color a few cheerful drawings and send them to us. You will not only put a smile on someone else's face...we bet you will put a smile on your face too!!"

Click here for instructions and Click here on how to validate your volunteer hours.

## THANK YOU CARDS

Write thank you cards for hospital staff and send it to the nearest hospital. Post offices are still up and running!

#### **AWARENESS VIDEO**

Staying home is now more important than ever. Create awareness videos to share with your local community – focus on safety hygiene and the importance of self-quarantining.

## **TUTORING**

Tutor your peers via video call or help your younger siblings with their schoolwork.

# **GROCERY RUNS for the ELDERLY**

Support the elderly community in your neighborhood with grocery runs. You could even provide them with home cooked meals for them to enjoy while you chat with them on Skype or Zoom. Contact <a href="Proviso Senior Services">Proviso Senior Services</a> to ask how you can help.

#### FEED MY STARVING CHILDREN

Volunteering at FMSC is fun, upbeat and energizing! FMSC volunteers from all walks of life can come together with family, friends, co-workers and strangers to feed starving children. Click here for more information.

If you have service hours ideas that are not listed here, please contact your counselor for approval.

Students please be sure to log your hours on the Community Service Log and submit your log to your counselor.